



2010-11 WOMEN'S GOLF UNIVERSITY OF WASHINGTON

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www.GoHuskies.com

NCAA Release

May 12, 2011

UW Schedule of Events

Monday, May 16 (times local to site)

12:40 p.m. Washington Practice Round (tee No. 10)

Tuesday, May 17

10:20 a.m. Washington Practice Round (tee No. 1)

Wednesday, May 18

8:00 a.m. 1st Round off No. 10

Thursday, May 19

12:30 p.m. 2nd Round off No. 1

Friday, May 20 and Saturday, May 21

TBA Based on results after previous round

WASHINGTON MAKES FIRST NCAA CHAMPIONSHIP APPEARANCE SINCE 2006

Texas A&M hosting 24 schools at Traditions Club in Bryan, Texas, May 18-21

UW CHAMPIONSHIP BOUND

For the first time since 2006, Washington will play in the NCAA Women's Golf Championship. By virtue of finishing seventh at the NCAA West Regional in Auburn, Wash., the Huskies are one of 24 teams that will participate in the championship tournament to be held at the Traditions Club in Bryan, Texas from May 18-21. For the Huskies, it will be their 11th appearance at the NCAA Championship, nine under coach Mary Lou Mulflur. The team's best finish is sixth, happening in both 2004 and 2006.

THE COURSE

Traditions is a private golf club and residential community in Aggieland. The Jack Nicklaus designed course is the home to the Texas A&M Men's and Women's golf teams. The course will play 6,260 yards and is a par 72 course.

LIVE COVERAGE

Live scoring will be available daily on Golfstat.com. In addition, GoHuskies.com will have daily recaps and photos after the event and will provide commentary via Twitter (@UW_WGolf). Texas A&M will provide a live chat on www.aggiesathletics.com.

THE HUSKIES

The Huskies used a team effort to earn their 11th NCAA Championship appearance in school history. Washington was led by a different golfer in each of the three NCAA Regional rounds. Senior **Anya Alvarez** led UW in day one with a 70, followed by a course-record 66 by **Sadena Parks** in round two. Senior **Karinn Dickinson** was the final day hero shooting a team best 74 as the Huskies were two shots better than eighth-place Texas A&M and three strokes ahead of Oregon -- who ended up missing the cut. The Huskies are making their ninth NCAA Championship appearance in 28 years under the guidance of head coach Mary Lou Mulflur. The UW lineup will consist of two seniors, **Alvarez** and **Dickinson**, junior **Parks**, and a pair of freshmen, **Kelli Bowers** and **A Ram Choi**. Washington was the No. 13 seed at in the West and is currently ranked 36th by Golfstat.com and 41st by Golfweek.com. Alvarez is the nation's No. 59 ranked player by Golfstat.com and 60th by Golfweek.com. She was honorable mention All-Pac-10.

PAC-10 POWER

Washington has mostly went under the radar this season, perhaps because of the strength of its conference. The Huskies are one of seven teams to advance from the Pac-10 to the NCAA Championship. Both USC and UCLA won their regions and are ranked No. 1 and 2 respectively in the nation. In fact, out of the eight conference teams invited to NCAA Regionals, only Oregon failed to advance. The SEC sent 11 teams to the regionals and equaled the Pac-10 by sending seven teams on to the Championship.

THE FIELD

Below are a list of the 24 teams that have advanced to the NCAA Championship and from which region they have emerged:

East Region:

1. Alabama
2. North Carolina
3. Arizona State
4. Coastal Carolina
5. California
6. Purdue
7. Florida
8. Vanderbilt

Individuals:

1. Jessica Negron, Florida State
2. Caroline Powers, Michigan State

Central Region:

1. UCLA
2. LSU
3. Minnesota
4. Arkansas
5. Notre Dame
6. Ohio State
7. Stanford
8. Wake Forest

Individuals:

1. Lindy Duncan, Duke
2. Maribel Lopez Porras, Tulane

West Region:

1. Southern California
2. Tennessee
3. Virginia
4. UC Davis
5. Arizona
6. South Carolina
7. WASHINGTON
8. Texas A&M

Individuals:

1. Marta Silva Zamora, Georgia
2. Amy Anderson, North Dakota State

Following The Huskies

There are numerous ways fans can follow Washington Husky women's golf, including on GoHuskies.com, Twitter and Facebook.

GoHuskies.com: <http://www.gohuskies.com>

Facebook: <http://www.facebook.com/UWWomensGolf>

Twitter: <http://twitter.com/UWSportsNews>
http://twitter.com/UW_WGolf

Washington Quick Facts

SCHOOL INFORMATION

Institution:University of Washington
Location:Seattle, Wash.
Enrollment:42,000 (31,474 undergraduates)
Founded:Nov. 4, 1861
Nickname:Huskies
Affiliation:NCAA Division I
Colors:Purple (PMS 5265) and Gold (PMS 7502)
Mascot:Dubs (live) & Harry the Husky (costumed)
Conference:Pacific-10
President:Michael Young
Athletic Director:Scott Woodward
Website:www.gohuskies.com

WOMEN'S GOLF INFORMATION

Coach:Mary Lou Mulflur, 28th year (Washington, '80)
Asst. Coach:Andrea VanderLende, 2nd year (Florida, '05)
NCAA Regional Appearances:18
Best Finish:3rd, 2006
Best Individual Finish:1st, Paige Mackenzie, 2006 & Dodie Mazzuca, 1997
NCAA Championship Appearances:10 (last in 2006)
Best Finish:6th, 2004 & 2006
Best Individual Finish:8th, P. Mackenzie, 2006

2010-11 Washington Women's Golf Results

Tournament Summary

Date	Tournament	Rd-1	Rd-2	Rd-3	To Par	Total	Finish	Low Player
Sept. 20-22	Washington State Invitational	326	294	298	+54	918	2nd of 12	Karinn Dickinson 220 (+4)
Oct. 4-6	Edean Ihlanfeldt Invitational	293	298	286	+13	877	3rd of 15	Anya Alvarez 217 (+1)
Oct. 25-27	Las Vegas Collegiate Showdown	294	288	294	+12	876	T4th of 17	Anya Alvarez 214 (-2)
Nov. 5-7	Pac-10/SEC Challenge	287	295	308	+38	890	T9th of 21	Kelli Bowers 221 (+8)
Feb. 7-8	Arizona Invitational	300	301	328	+65	929	11th of 16	Kelli Bowers 226 (+10)
Feb. 19-20	Peg Barnard Invitational	315	295		+42	610	5th of 10	Anya Alvarez 145 (+3)
Feb 28-Mar. 1	Juli Inkster Invitational	312	308	293	+49	913	5th of 12	Anya Alvarez 219 (+3)
Mar. 25-27	Bryan Park Invitational	304	305	328	+73	937	12th of 17	Anya Alvarez 230 (+14)
Apr. 1-3	PING/ASU Invitational	297	314	318	+65	929	16th of 17	Anya Alvarez 228 (+12)
Apr. 17-19	Pac-10 Championships	307	299	308	+50	914	8th of 10	Sadena Parks 223 (+7)
May 5-7	NCAA Regionals (Auburn, Wash.)	304	294	307	+41	905	7th of 24	Sadena Parks 224 (+8)
May 16-19	NCAA Championships (College Station, Texas)							

JV event * individuals only %match play event !played tournament as individual

Individual Statistics

Player	Events	Rounds	Strokes	Avg.	Low Round	Low 54-Hole	Top Finish	Top 10's	60s	Rounds -Par
Anya Alvarez	10	28	2070	73.93	67	214	3rd	4	1	11
Sadena Parks	11	32	2433	76.03	66	219	T8th	1	1	4
Darcie Richmond	7	18	1377	76.50	74	226	1st	2	0	0
Kelli Bowers	11	31	2372	76.52	70	221	T2nd	2	0	2
Karinn Dickinson	10	29	2219	76.52	68	218	T1st	1	1	6
Nicole Ferrero	3	8	627	78.38	74	227	T33th	0	0	0
A Ram Choi	11	31	2439	78.68	70	229	T5th	1	0	1
Brittany Tallman	6	16	1275	79.69	76	236	T10th	1	0	0
Keely Lavelle	2	6	523	87.16	81	249	66th	0	0	0
Katie Saucier	3	8	647	88.88	76	244	T28th	0	0	0

Washington Husky Roster

NAME	YEAR	EXP	HOMETOWN/LAST SCHOOL
Anya Alvarez	SR	3V	Jenks, Okla./Jenks
Kelli Bowers	FR	HS	Chelan, Wash./Chelan
A Ram Choi	FR	HS	Surrey, B.C./Fraser Heights Secondary
Karinn Dickinson	SR	3V	Mukilteo, Wash./Kamiak
Nicole Ferrero	SR	3V	Lodi, Calif./Lodi
Sadena Parks	JR	2V	Tacoma, Wash./Bethel
Darcie Richmond	JR	2V	Bothell, Wash./Bothell
Katie Saucier	SR	3V	Bainbridge Island, Wash./Bainbridge
Brittany Tallman	SO	1V	Issaquah, Wash./Issaquah

***projected NCAA Championship lineup in bold**

Head Coach: Mary Lou Mulflur (28th year, Washington '80)

Assistant Coach: Andrea VanderLende (2nd year, Florida '05)



Anya Alvarez

2010-11 UW INDIVIDUAL BESTS

Individual Best Rounds Under Par - Gross Score

Score	- Par	Player	Event	Date
66	-6	Sadena Parks	NCAA West Regional	May 5-7, 2011
67	-4	Anya Alvarez	Peg Barnard Invitational	Feb. 20, 2011
68	-4	Karinn Dickinson	Las Vegas Collegiate Showdown	Oct. 25, 2010
70	-2	Anya Alvarez	Las Vegas Collegiate Showdown	Oct. 26, 2010
70	-2	Sadena Parks	Edean Ihlanfeldt Invitational	Oct. 4, 2010
70	-2	Anya Alvarez	Edean Ihlanfeldt Invitational	Oct. 6, 2010
70	-2	Anya Alvarez	Washington State Invitational	Sept. 22, 2010
70	-2	Karinn Dickinson	Arizona Wildcat Invitational	Feb. 7-8, 2011
70	-2	Anya Alvarez	PING/ASU Invitational	April 1, 2011
70	-2	Anya Alvarez	NCAA West Regional	May 5-7, 2011
70	-1	Kelli Bowers	PAC 10-SEC Challenge	Nov. 5, 2010
70	-1	A Ram Choi	Peg Barnard Invitational	Feb. 20, 2011
70	-1	Anya Alvarez	Juli Inkster Spartan Invite	Mar. 1, 2011

Individual Best Rounds - vs. Par

- Par	Score	Player	Event	Date
-6	66	Sadena Parks	NCAA West Regional	May 5-7, 2011
-4	67	Anya Alvarez	Peg Barnard Invitational	Feb. 20, 2011
-4	68	Karinn Dickinson	Las Vegas Collegiate Showdown	Oct. 25, 2010
-2	70	Anya Alvarez	PING/ASU Invitational	April 1, 2011
-2	70	Anya Alvarez	Las Vegas Collegiate Showdown	Oct. 26, 2010
-2	70	Anya Alvarez	Edean Ihlanfeldt Invitational	Oct. 6, 2010
-2	70	Sadena Parks	Edean Ihlanfeldt Invitational	Oct. 4, 2010
-2	70	Anya Alvarez	Washington State Invitational	Sept. 22, 2010
-2	70	Karinn Dickinson	Arizona Wildcat Invitational	Feb. 7-8, 2011
-2	70	Anya Alvarez	NCAA D1 Women's West Regional	May 5-7, 2011
-1	70	Kelli Bowers	PAC 10-SEC Challenge	Nov. 5, 2010
-1	70	Anya Alvarez	Juli Inkster Spartan Invite	Mar. 1, 2011

Individual Best Tournaments - Gross Score (54 holes)

Score	- Par	Player	Event	Date
214	-2	Anya Alvarez	Las Vegas Showdown	Oct. 25-27, 2010
217	+1	Anya Alvarez	Edean Ihlanfeldt Invitational	Oct. 4-6, 2010
218	+2	Karinn Dickinson	Las Vegas Showdown	Oct. 25-27, 2010
219	+3	Sadena Parks	Edean Ihlanfeldt Invitational	Oct. 4-6, 2010
219	+3	Karinn Dickinson	Edean Ihlanfeldt Invitational	Oct. 4-6, 2010
219	+3	Anya Alvarez	Juli Inkster Spartan Invite	Feb. 28-Mar. 30, 2011

Individual Best Tournaments - vs. Par

- Par	Score	Player	Event	Date
-2	214	Anya Alvarez	Las Vegas Showdown	Oct. 25-27, 2010
+1	217	Anya Alvarez	Edean Ihlanfeldt Invitational	Oct. 4-6, 2010
+2	218	Karinn Dickinson	Las Vegas Showdown	Oct. 25-27, 2010
+3	219	Anya Alvarez	Juli Inkster Spartan Invite	Feb. 28-Mar. 30, 2011
+3	145	Anya Alvarez	Peg Barnard Invitational	Feb. 19-20, 2011
+3	219	Sadena Parks	Edean Ihlanfeldt Invitational	Oct. 4-6, 2010
+3	219	Karinn Dickinson	Edean Ihlanfeldt Invitational	Oct. 4-6, 2010
+4	220	Karinn Dickinson	Washington State Invitational	Sept. 20-22, 2010

2010-11 UW TEAM BESTS

Team Best Rounds - Gross Score

Score	-Par	Event	Round	Date
286	-2	Edean Ihlandfeldt Invitational	3	Oct. 6, 2010
288	E	Las Vegas Collegiate Showdown	2	Oct. 26, 2010
284	+3	PAC 10-SEC Challenge	1	Nov. 5, 2010
293	+5	Edean Ihlandfeldt Invitational	1	Oct. 4, 2010
293	+5	Juli Inkster Spartan Invite	3	Mar. 1, 2011
294	+6	Las Vegas Collegiate Showdown	1	Oct. 25, 2010
294	+6	Las Vegas Collegiate Showdown	3	Oct. 27, 2010
294	+6	NCAA West Regional	2	May 6, 2011

Team Best Tournaments - Gross Score (54 Holes)

Score	-Par	Event	Date
876	+12	Las Vegas Collegiate Showdown	Oct. 25-27, 2010
877	+13	Edean Ihlandfeldt Invitational (Team A)	Oct. 4-6, 2010
890	+38	PAC 10-SEC Challenge	Nov. 5-7, 2010
905	+41	NCAA West Regional	May 5-7, 2011
913	+49	Juli Inkster Spartan Invite	Feb. 28-Mar. 1, 2011
914	+50	Pac-10 Championships	April 17-19, 2011
918	+54	Washington State Invitational	Sept. 20-22, 2010
929	+65	Arizona Wildcat Invitational	Feb. 7-8, 2011
929	+65	PING/ASU Invitational	April 1-3, 2011
937	+73	Bryan National Collegiate	Mar. 25-27, 2011
944	+77	Edean Ihlandfeldt Invitational (Team B)	Oct. 4-6, 2010

Team Best Tournaments - Vs. Par

Score	-Par	Event	Date
+12	876	Las Vegas Collegiate Showdown	Oct. 25-27, 2010
+13	877	Edean Ihlandfeldt Invitational (Team A)	Oct. 4-6, 2010
+38	890	PAC 10-SEC Challenge	Nov. 5-7, 2010
+41	950	NCAA West Regional	May 5-7, 2011
+42	610	Peg Barnard Invitational	Feb. 19-20, 2011
+49	913	Juli Inkster Spartan Invite	Feb. 28-Mar. 1, 2011
+50	914	Pac-10 Championships	April 17-19, 2011
+54	918	Washington State Invitational	Sept. 20-22, 2010
+65	929	Arizona Wildcat Invitational	Feb. 7-8, 2011
+65	929	PING/ASU Invitational	April 1-3, 2011
+73	937	Bryan National Collegiate	Mar. 25-27, 2011
+77	944	Edean Ihlandfeldt Invitational (Team B)	Oct. 4-6, 2010



The 2010-11 Husky women's golf team: L to R -- Asst. Coach Andrea VanderLende, Anya Alvarez, Sadena Parks, Kelli Bowers, Brittany Tallman, Nicole Ferrero, Karinn Dickinson, Keely Lavelle, Darcie Richmond, Katie Saucier, A Ram Choi and Head Coach Mary Lou Muflur.

COACH MARY LOU MULFLUR - 28TH YEAR (WASHINGTON, 1980)



In the history of the Husky women's golf team, two individuals stand out as the cornerstones for the program. The first is Edean Ihlanfeldt, the namesake of the Huskies' annual fall tournament. She was Washington's first coach. So dedicated to seeing women have an opportunity to compete on the intercollegiate level, Ihlanfeldt never accepted a paycheck for her efforts. She funneled her salary back into the program. The second is current head coach Mary Lou Mulflur, who is in her 28th season of directing the Huskies in 2010-11.

A player for Ihlanfeldt, Mulflur's passion and commitment to Husky golf makes her former mentor proud. Mulflur's dedication, teaching skills and fundraising abilities have allowed her to build the Husky program into one of the nation's most competitive teams on an annual basis.

In 2006, the Huskies matched a school-record with a sixth-place finish at the NCAA Championships, its second Top-10 finish in three years and third overall. Senior Paige Mackenzie led the way, winning Washington's first individual Pac-10 title and the second-ever NCAA West Regional title. Mackenzie also notched her second-straight Top-10 NCAA finish with an eighth-place standing. Mackenzie culminated her career with her second-straight All-America honor.

In 2005, the Huskies placed 14th at the NCAA Championships, with Mackenzie recording Washington's first ever top 10 NCAA finish. She placed 10th and received honorable mention All-America honors after the season. The 2005 season was the 13th consecutive year the Huskies advanced to the NCAA Regional Championships. Washington has competed at the Regionals all but one year since its inception in 1993.

In 2004, Washington experienced one of its greatest campaigns, finishing sixth at the NCAA Championships. It was the highest finish ever by a UW team at the NAAs. The Huskies were led by Mackenzie, who placed 11th at the national championships and was named a second-team All-American. Classmate Sung Ea Lee was named an honorable mention All-American. In Mulflur's tenure at Washington, six Huskies have earned All-America honors a total of 10 times.

In 2001, Mulflur led Washington to a 16th-place finish at the NCAA Championships. At the time, it was the best showing by a Husky team at the national championships. UW's 2002 NCAA Championships appearance was the fifth by the Huskies over a stretch of eight years. That season the Huskies won the Oregon Duck Invitational and the Peg Barnard California Collegiate, and tied for fifth at the Pac-10 Championships.

Mulflur's players have also achieved in the classroom. Mackenzie was named to the National Golf Coaches Association's All-Scholar Team three-straight seasons. During Mulflur's tenure, 12 UW golfers have earned the distinction on 23 occasions.

Twice during Mulflur's career she has been named the Pac-10 Conference Coach of the Year. The first time she received the honor was in 1988. She picked up the award for the second time in 1999.

In 1995, Mulflur directed the Huskies to their first team NCAA Finals appearance on the strength of a sixth-place finish in the NCAA West Regional. In 1988, the UW had its best Pac-10 finish ever, placing third in the conference tournament. That year brought Mulflur her first Pac-10 Coach of the Year award.

Mulflur has coached several Husky players who have gone on to play professionally or coach. Nancy Kessler-McDaniel, who played at UW from 1984 to 1988, went on to play professionally and is now the head coach at California. Former Husky All-American Kelli Kamimura is the head coach at Washington State University.

MULFLUR CAREER HIGHLIGHTS

- UW has made 18 NCAA Regional appearance under Mulflur and nine NCAA Championships.
- Players have been named NGCA All-America 10 times under Mulflur's tutelage.
- Ten first-team All-Pac-10 selections.
- UW athletes have been named Pac-10 All-Academic 28 times under Mulflur's watch.
- Pac-10 Coach of the Year in 1988 and 1999.
- Coached two NCAA Regional Champs (Paige Mackenzie, 2006 and Dodie Mazzuca, 1997).

Currently playing in the LPGA are Mulflur products Mackenzie and Louise Friberg. Both former Huskies played together at the 2008 SBS Open at Turtle Bay, marking the first time two UW alumni have played in the same LPGA event. Friberg won on the LPGA tour in 2005 in Mexico with a final round 65.

Mulflur, regarded as one of the most successful golfers to come out of the UW, came to Washington in 1976 and was one of the first female athletes to receive a scholarship at Washington. The Portland, Ore., native went on to earn four letters as a Husky.

During her collegiate career Mulflur won three regular-season tournaments, including the inaugural Ihlanfeldt Invitational in 1980. To date, Kamimura is the only Husky golfer with more career wins than Mulflur.

While attending Grant High School in Portland, Mulflur won state high school titles in 1974 and 1975. She also won the 1975 Oregon junior championship. Mulflur won Southern Oregon titles in 1980, 1982, 1995 and 1997 as well as the Oregon Coast Invitational in 1979, 1982, and 1990. Mulflur has competed in five United States Golf Association events - The U.S. Open in 1979 and 1980 and the U.S. Amateur in 1979, 1980 and 1982. In addition she competed in four National Collegiate Championships.

Mulflur graduated from Washington in 1980 with a degree in speech communications. She is a former vice-president of the National Golf Coaches Association and served on the LPGA SAFECO Classic Advisory Board. She currently serves as a member of the NCAA Division I Women's Golf Committee. She appears annually as a celebrity player in several local golf events and fundraisers.

In October of 2004, Mulflur was inducted into the PIL Hall of Fame in Portland. And in 2006 she was inducted into the Grant High School Hall of Fame. This past December she was awarded the NGCA Founders Award which honors a coach who has made significant contributions to the sport during the year.



Mary Lou Mulflur with Brittany Tallman



ANYA ALVAREZ

Senior
Jenks, Okla.
Jenks HS



2010-11 HIGHLIGHTS AND NOTES:

- Has played in 10 event and placed first or second among UW finishers in nine of those events.
- Teams top finisher in six events.
- Four Top-10 finishes this season, including season-best 3rd twice.
- Averaging a career-best 73.93 strokes per round, which is the third-best average in UW history.
- Shot a season-best 67 in the final round of the Peg Barnard Invitational.
- Her career-low 203 in 2008 at the Las Vegas Showdown ranks as the school's lowest 54-hole score in team history.
- Has played in 118 rounds during her career, tied for the 8th most in UW team history.

ALVAREZ' CAREER STATISTICS

YEAR	ROUNDS	STROKES	AVERAGE	LOW
2007-08	29	2227	76.80	67
2008-09	30	2246	74.87	66
2009-10	31	2379	76.74	69
2010-11	28	2070	73.93	67
TOTALS	118	8922	75.61	66

Career Best Finish: 3rd (5 Times), last Juli Inkster Spartan Invitational, Feb. 28-March 1, 2011

Career Top-10 Finishes: 10

Career Best 54-Hole Score: 203 (-13), Las Vegas Showdown, Oct. 27-29, 2008

Career Best 18-Hole Score: 66 (-6), Las Vegas Showdown, Oct. 28, 2008

ALVAREZ' 2010-11 SEASON STATS

Date	Score	Tournament	Overall Place	Place on Team
9/20-22	DQ-71-72-141 (-1)	Washington State Invitational	68th of 69	5th of 5
10/4-6	71-76-70-217 (+1)	Edean Ihlandfeldt Invitational	T9th of 75	1st of 5
10/25-27	73-70-71-214 (-2)	Las Vegas Collegiate Showdown	T10th of 96	1st of 5
11/5-7	73-73-76-222 (+9)	PAC 10-SEC Challenge	T21st of 108	2nd of 5
2/19-20	78-67-145 (+3)	Peg Barnard Invitational	3rd of 70	1st of 5
2/28-3-1	73-76-70-219 (+3)	Juli Inkster Spartan Invite	3rd of 65	1st of 5
3/25-3/27	74-75-81-230 (+14)	Bryan National Collegiate	T25th of 89	1st of 5
4/1-3	70-77-81-228 (+12)	PING/ASU Invitational	T46th of 90	1st of 5
4/17-19	78-73-77-228 (+12)	Pac-10 Championships	T29th of 50	2nd of 5
5/5-7	70-78-78-226 (+10)	NCAA West Regional	T25th of 125	2nd of 5



KELLI BOWERS

Freshman
Chelan, Wash.
Chelan HS



2010-11 HIGHLIGHTS AND NOTES:

- Tied for fourth on team with 76.25 scoring average per round.
- Was Huskies top finisher in her collegiate debut at the Washington State Invitational at Palouse Ridge.
- Career-best team tournament 7th place finish came in collegiate debut at WSU Invitational.
- Took second at 36-hole Gonzaga Spring Invitational, finishing behind teammate Darcie Richmond.
- Shot a season-best 54-hole score of 221 at the Pac-10/SEC Challenge.
- Four top-25 finishes in 11 events competed.
- Four-time 1A Washington State HS Champion from 2007-10 at Chelan.
- First Team All-State in 1A classification in volleyball (2009) and basketball (2010).

BOWERS' CAREER STATISTICS

YEAR	ROUNDS	STROKES	AVERAGE	LOW
2010-11	31	2372	76.52	70
TOTALS	31	2372	76.52	70

Career Best Finish: 2nd, Gonzaga Spring Invitational, April 10, 2011

Career Top-10 Finishes: 2

Career Best 54-Hole Score: 221, Pac-10/SEC Challenge, Nov. 5-7, 2010

Career Best 18-Hole Score: 70 (-1), Pac-10/SEC Challenge, Nov. 5, 2010

BOWERS' 2010-11 SEASON STATS

Date	Score	Tournament	Overall Place	Place on Team
9/20-22	78-79-71-228 (+12)	Washington State Invitational	T7th of 69	1st of 5
10/4-6	75-77-74-226 (+10)	Edean Ihlandfeldt Invitational	T29th of 75	4th of 5
10/25-27	77-73-77-227 (+11)	Las Vegas Collegiate Showdown	T49th of 96	4th of 5
11/5-7	70-71-80-221 (+8)	PAC 10-SEC Challenge	T21st of 108	1st of 5
2/7-8	76-72-78-226 (+10)	Arizona Wildcat Invitational	T17 of 84	1st of 5
2/19-20	80-75-155 (+13)	Peg Barnard Invitational	T28th of 70	3rd of 5
2/28-3-1	82-77-74-233 (+17)	Juli Inkster Spartan Invite	T28th of 65	3rd of 5
3/25-3/27	75-79-85-239 (+23)	Bryan National Collegiate	T56th of 89	4th of 5
4/10	74-72-146 (+6)	Gonzaga Spring Invitational	T2nd of 26	Individual
4/17-19	78-77-79-234 (+18)	Pac-10 Championships	T40th of 50	T4th of 5
5/5-7	83-76-78-237 (+21)	NCAA West Regional	T77th of 125	5th of 5



A RAM CHOI

Freshman
Surrey, B.C.
Fraser Heights Secondary



2010-11 HIGHLIGHTS AND NOTES:

- Has appeared in 11 events, two as an individual competitor.
- Finished a season-best fifth at the Gonzaga Spring Invitational, an individual event.
- Fired a season-low 70 (-1) in the second round of the Peg Barnard Invitational to finish 16th out of 70 competitors.
- Career-best 54-hole score of 231 (+18) came during the Pac-10/SEC Challenge.
- Was third among Huskies at the Pac-10 Championships.
- Third among Huskies at the NCAA Regional and fired the second-best round twice.

CHOI'S CAREER STATISTICS

YEAR	ROUNDS	STROKES	AVERAGE	LOW
2010-11	31	2439	78.68	70
TOTALS	31	2439	78.68	70

Career Best Finish: T5th, Gonzaga Spring Invitational, April 10, 2011

Career Top-10 Finishes: 1

Career Best 54-Hole Score: 231 (+18), Pac-10/SEC Challenge, Nov. 5-7, 2010

Career Best 18-Hole Score: 70 (-1), Peg Barnard Invitational, Feb. 20, 2011

CHOI'S 2010-11 SEASON STATS

Date	Score	Tournament	Overall Place	Place on Team
9/20-22	90-75-80-245 (+29)	Washington State Invitational	T45th of 69	4th of 5
10/4-6	82-79-74-236 (+19)	Edean Ihlandfeldt Invitational	T52nd of 75	2nd of 5
10/25-27	79-72-85-236 (+20)	Las Vegas Collegiate Showdown	79th of 96	5th of 5
11/5-7	76-76-79-231 (+18)	PAC 10-SEC Challenge	T65th of 108	5th of 5
2/7-8	78-78-94-250 (+34)	Arizona Wildcat Invitational	75th of 84	5th of 5
2/19-20	81-70-151 (+9)	Peg Barnard Invitational	T16th of 70	Individual
2/28-3-1	84-78-73-235 (+19)	Juli Inkster Spartan Invite	T36th of 65	4th of 5
3/25-3/27	78-83-83-244 (+28)	Bryan National Collegiate	T73rd of 89	5th of 5
4/10	74-46-150 (+10)	Gonzaga Spring Invitational	T5th of 26	Individual
4/17-19	81-74-78-233 (+17)	Pac-10 Championships	T37th of 50	3rd of 5
5/5-7	76-74-79-229 (+13)	NCAA West Regional	T41st of 125	T3rd of 5



KARINN DICKINSON

Senior
Mukilteo, Wash.
Kamiak HS



2010-11 HIGHLIGHTS AND NOTES:

- Has played in 10 events and placed first or second among UW finishers in five of those tournaments.
- Finished top-15 in first three events of fall season and top-25 in all four fall events.
- Collected second career win, tying for medalist honors at the WSU Invitational.
- Shot a career-best 68 (-4) in the first round of the Las Vegas Collegiate Showdown.
- Has competed in 110 rounds during her career, which is just outside of the top-10 all-time in UW history.
- Lived 10 years in Asker, Norway and was the 2006 Norwegian Junior National Champion.
- Father Kenneth played basketball at Washington.

DICKINSON' CAREER STATISTICS

YEAR	ROUNDS	STROKES	AVERAGE	LOW
2007-08	24	1865	77.71	71
2008-09	30	2321	77.37	71
2009-10	27	2061	76.33	70
2010-11	29	2219	76.52	68
TOTALS	110	8466	76.96	68

Career Best Finish: 1st, (twice), WSU Invitational, Sept. 20-22, 2010 & Peg Barnard Collegiate, April 11-12, 2008

Career Top-10 Finishes: 4

Career Best 54-Hole Score: 217 (+1), Las Vegas Showdown, Oct. 27-29, 2008

Career Best 18-Hole Score: 68 (-4), Las Vegas Collegiate Showdown, Oct. 25, 2010

DICKINSON' 2010-11 SEASON STATS

Date	Score	Tournament	Overall Place	Place on Team
9/20-22	75-74-71-220 (+4)	Washington State Invitational	T1st of 69	1st of 5
10/4-6	77-71-71-219 (+3)	Edean Ihlandfeldt Invitational	T11th of 75	2nd of 5
10/25-27	68-75-75-218 (+2)	Las Vegas Collegiate Showdown	T14th of 96	2nd of 5
11/5-7	73-75-74-222 (+9)	PAC 10-SEC Challenge	T24th of 108	3rd of 5
2/7-8	70-75-85-230 (+14)	Arizona Wildcat Invitational	T31st of 84	2nd of 5
2/19-20	79-83-162 (+20)	Peg Barnard Invitational	T48th of 70	4th of 5
2/28-3-1	81-77-78-236 (+20)	Juli Inkster Spartan Invite	T39th of 65	5th of 5
3/25-3/27	77-76-82-235 (+19)	Bryan National Collegiate	T39th of 89	2nd of 5
4/1-3	79-83-86-248 (+32)	PING/ASU Invitational	87th of 90	5th of 5
5/5-7	77-78-74-229 (+13)	NCAA West Regional	T41st of 125	T3rd of 5



SADENA PARKS

Junior
Bethel, Wash.
Bethel HS



2010-11 HIGHLIGHTS AND NOTES:

- Has 7 top-25 finishes in 11 events this season.
- Scoring average of 76.03 ranks second on the team.
- Set women's course record at Washington National with a career-low 66 in the second round of the West Regional.
- Was UW's top finisher at the NCAA Regional placing 22nd and Pac-10 Championship, tying for 19th.
- Career-best 8th place finish at Peg Barnard Invitational.
- Best 54-hole score 219 came in the Edean Ihlanfeldt Invitational at Tacoma Country Club.
- Won Washington State 4A High School Championship as a senior in 2008 and junior in 2007.

PARKS' CAREER STATISTICS

YEAR	ROUNDS	STROKES	AVERAGE	LOW
2008-09	24	1875	78.54	74
2009-10	31	2384	76.90	70
2010-11	32	2070	76.03	66
TOTALS	87	6692	76.92	66

Career Best Finish: T8th, Peg Barnard Invitational, Feb. 19-20, 2011

Career Top-10 Finishes: 1

Career Best 54-Hole Score: 219, Edean Ihlanfeldt Invitational, Oct. 4-6, 2010

Career Best 18-Hole Score: 66 (-6), NCAA West Regional, May. 6, 2011

PARKS' 2010-11 SEASON STATS

Date	Score	Tournament	Overall Place	Place on Team
9/20-22	79-74-79-232 (+16)	Washington State Invitational	T13th of 69	2nd of 5
10/4-6	70-78-71-219 (+3)	Edean Ihlanfeldt Invitational	T11th of 75	3rd of 5
10/25-27	76-73-71-220 (+4)	Las Vegas Collegiate Showdown	T20th of 96	3rd of 5
11/5-7	71-77-79-227 (+14)	PAC 10-SEC Challenge	T50th of 108	4th of 5
2/7-8	81-76-81-238 (+22)	Arizona Wildcat Invitational	T55th of 84	3rd of 5
2/19-20	78-71-149 (+7)	Peg Barnard Invitational	T8th of 70	2nd of 5
2/28-3-1	76-80-76-232 (+16)	Juli Inkster Spartan Invite	T25th of 65	2nd of 5
3/25-3/27	79-75-82-236 (+20)	Bryan National Collegiate	T44th of 89	3rd of 5
4/1-3	74-82-77-233 (+17)	PING/ASU Invitational	T66th of 90	3rd of 5
4/17-19	72-75-76-223 (+7)	Pac-10 Championships	T19th of 50	1st of 5
5/5-7	81-66-77-224 (+8)	NCAA D1 Women's West Regional	T22nd of 125	1st of 5



NICOLE FERRERO

Senior

Lodi, Calif. (Lodi HS)

2010-11 Tournament Results

Date	Score	Tournament	Overall Place	Place on Team
9/20-22	82-81-78-241 (+25)	Washington State Invitational	T35th of 69	3rd of 5
10/4-6	77-76-74-227 (+11)	Edean Ihlandfeldt Invitational	T33rd of 75	1st of 5
2/19-20	81-78-159 (+17)	Peg Barnard Invitational	T38th of 70	Individual



DARCIE RICHMOND

Junior

Bothell, Wash. (Bothell HS)

2010-11 Tournament Results

Date	Score	Tournament	Overall Place	Place on Team
9/20-22	80-76-74-230 (+14)	Washington State Invitational	T10th of 69	2nd of 5
10/4-6	77-74-75-226 (+10)	Edean Ihlandfeldt Invitational	T29th of 75	5th of 5
10/25-27	79-78-76-233 (+17)	Las Vegas Collegiate Showdown	T71st of 96	Individual
2/19-20	79-D	Peg Barnard Invitational	70th of 70	Individual
4/1-3	74-78-79-231 (+15)	PING/ASU Invitational	T57th of 90	2nd of 5
4/10	73-71-144 (+4)	Gonzaga Spring Invitational	1st of 26	Individual
4/17-19	79-78-77-234 (+18)	Pac-10 Championships	T40th of 50	T4th of 5



KATIE SAUCIER

Senior

Bainbridge Island, Wash. (Bainbridge Island HS)

2010-11 Tournament Results

Date	Score	Tournament	Overall Place	Place on Team
9/20-22	85-84-79-248 (+32)	Washington State Invitational	52nd of 69	4th of 5
10/4-6	80-83-81-244 (+28)	Edean Ihlandfeldt Invitational	T64th of 75	4th of 5
2/19-20	76-79-155 (+13)	Peg Barnard Invitational	T28th of 70	Indi



BRITTANY TALLMAN

Sophomore

Issaquah, Wash. (Issaquah HS)

2010-11 Tournament Results

Date	Score	Tournament	Overall Place	Place on Team
9/20-22	81-80-78-239 (+23)	Washington State Invitational	T30th of 69	3rd of 5
10/4-6	80-78-78-236 (+20)	Edean Ihlandfeldt Invitational	T55th of 75	3rd of 5
2/7-8	76-83-84-243 (+27)	Arizona Wildcat Invitational	T68th of 84	4th of 5
2/19-20	84-82-166 (+24)	Peg Barnard Invitational	T56th of 70	5th of 5
4/1-3	80-77-81-238 (+22)	PING/ASU Invitational	79th of 90	4th of 5
4/10	76-77-153 (+13)	Gonzaga Spring Invitational	T10th of 26	Individual

HUSKIES IN THE POST-SEASON

TEAM

Pac-10 Championships

Year	Place	Team Scoring
1988	3rd	315-303-314-312-1244
2002	5th	309-303-297-909
2001	5th	302-300-288-890
2010	5th	296-314-296-906
1996	5th	301-302-308-911
1998	5th	303-305-309-917
1990	5th	308-312-313-933
2006	6th	308-300-302-910
2005	6th	298-304-295-897
2004	6th	309-310-311-930
1995	6th	306-298-300-904
1999	6th	309-301-305-915
1991	6th	319-312-329-960
1989	6th	327-340-329-996
1987	6th	317-320-302-312-1251
1997	7th	304-308-317-929
1992	7th	315-322-301-938
1993	7th	324-311-311-946
1994	7th	322-324-325-971
2007	7th	313-308-317-938
2011	8th	307-299-308-914
2000	8th	311-305-302-918
2003	8th	300-314-315-929
2009	9th	305-301-307-913
2008	9th	310-308-318-936

NCAA Regionals

Year	Place	Team Scoring
2006	3rd	288-303-297-888
2004	4th	298-309-285-892
2002	6th	310-303-291-904
1995	6th	303-306-298-907
2011	7th	304-294-307-905
2001	7th	308-302-304-914
2005	8th	306-298-296-900
1998	9th	300-304-307-911
2009	10th	308-300-319-927
1997	11th	289-302-306-897
1999	12th	315-310-307-932
2003	13th	311-318-294-923
1993	13th	298-299-303-900
1996	13th	303-333-329-965
2010	17th	305-295-307-907
2000	17th	321-298-297-916
2008	17th	312-310-310-932
1994	18th	323-313-308-944

NCAA Championships

Year	Place	Team Scoring
2006	6th	305-304-293-300-1202
2004	6th	305-298-297-284-1184
1978	9th	
2005	14th	292-314-296-299-1201
1977	14th	1308
2001	16th	315-305-310-296-1226
1995	16th	312-303-307-312-1234
1998	18th	303-298-314-314-1229
1997	18th	321-311-311-324-1267
2002	20th	302-297-305-299-1203

INDIVIDUAL

Pac-10 Championships (Top-10 Finishes)

Year	Name	Place	Scoring
2006	Paige Mackenzie	1st	71-71-69-211
2001	Kelli Kamimura	3rd	74-71-70-215
1993	Angie Burkett	4th	77-74-73-224
1988	Nancy Kessler	4th	79-72-77-72-300
2002	Lindsay Morgan	6th	76-72-74-222
2000	Elisha Au	6th	76-74-72-222
2002	Louise Friberg	7th	74-79-70-223
1997	Dodie Mazzuca	7th	72-74-74-220
2003	Sung Ea Lee	8th	71-76-76-223
1994	Dodie Mazzuca	8th	79-75-78-232
2005	Amber Prange	9th	73-74-71-218
1991	Angie Pieroni	9th	82-72-80-234
2004	Sung Ea Lee	10th	77-77-75-229

NCAA Regionals (Top-25 Finishes)

Year	Name	Place	Scoring
2006	Paige Mackenzie (W)	1st	68-69-71-208
1997	Dodie Mazzuca (W)	1st	69-71-71-211
2006	Amber Prange (W)	5th	69-77-74-220
2004	Paige Mackenzie (W)	7th	75-75-67-217
2003	Lindsay Morgan (W)	4th	73-76-68-217
2002	Louise Friberg (W)	8th	76-73-71-220
2001	Kelli Kamimura (W)	8th	74-69-77-220
2003	Sung Ea Lee (W)	10th	75-73-72-220
1995	Dodie Mazzuca (W)	12th	77-71-74-222
2004	Sung Ea Lee (W)	15th	72-76-73-221
1996	Dodie Mazzuca (W)	16th	73-78-78-229
2001	Louise Friberg (W)	18th	75-75-75-225
2005	Amber Prange (E)	19th	74-75-72-221
2009	Sadena Parks (C)	20th	75-76-78-229
1999	Elisha Au (W)	22nd	78-76-73-227
2011	Sadena Parks (W)	T22nd	81-66-77-224
1998	Elisha Au (W)	23rd	78-73-75-226
1999	Kelli Kamimura (W)	25th	79-76-73-228
2011	Any Alvarez (W)	T25th	70-78-78-226

(W = West Regional / E = East Regional / C = Central Region)

NCAA Championships

Year	Name	Place	Scoring
2006	Paige Mackenzie	8th	76-73-72-72-293
2005	Paige Mackenzie	10th	72-74-73-74-292
2004	Paige Mackenzie	11th	73-78-69-68-288
2005	Amber Prange	16th	72-77-72-75-296
2002	Paige Mackenzie	25th	76-70-76-72-294
2001	Kelli Kamimura	29th	79-77-73-70-299
1988	Nancy Kessler	32nd	74-73-77-76-300
2006	Sung Ea Lee	33rd	75-75-72-78-300
1995	Angie Burkett	33rd	78-75-73-76-302
1998	Elisha Au	42nd	71-74-82-76-303
1997	Dodie Mazzuca	47th	81-75-74-75-305
1996	Dodie Mazzuca	48th	85-77-85-76-323
1995	Dodie Mazzuca	55th	73-77-77-81-308
1998	Andrea Cordova	62nd	72-77-79-80-309
2006	Amber Prange	64th	78-76-76-76-306
2003	Lindsay Morgan	66th	80-86-73-73-312
2004	Lindsay Morgan	68th	78-75-79-70-302
2004	Sung Ea Lee	69th	76-73-77-77-303
1997	Andrea Cordova	69th	79-77-78-78-312
1995	Caroline Spiegelberg	79th	83-71-79-82-315
2001	Louise Friberg	77th	81-79-77-74-311

WASHINGTON WOMEN'S TEAM RECORDS

YEAR-BY-YEAR STROKE AVERAGE LEADER

Anya Alvarez	73.8	2011
Anya Alvarez	74.7	2010
Anya Alvarez	74.9	2009
Anya Alvarez	76.8	2008
Amber Prange	76.4	2007
Paige Mackenzie	72.8	2006
Paige Mackenzie	73.7	2005
Paige Mackenzie	74.1	2004
Louise Friberg	74.9	2003
Louise Friberg	74.9	2002
Kelli Kamimura	74.4	1999
Elisha Au	77.9	1998
Dodie Mazzuca	75.1	1997
Dodie Mazzuca	75.9	1996
Dodie Mazzuca	76.6	1995
Dodie Mazzuca	78.5	1994
Sheri Vincent	79.3	1993
Julie Barleson	78.3	1992
Sheri Vincent	79.8	1991
Jennifer Yockey	75.5	1990

SINGLE-SEASON STROKE AVERAGE

1.	Paige Mackenzie	72.79	2006
2.	Paige Mackenzie	73.69	2005
3.	Anya Alvarez	73.76	2011
4.	Paige Mackenzie	74.09	2004
5.	Kelli Kamimura	74.3	2001
6.	Kelli Kamimura	74.5	1999
7.	Louise Friberg	74.9	2002
	Louise Friberg	74.9	2003
	Anya Alvarez	74.9	2009
10.	Sung Ea Lee	75.0	2004
11.	Lindsay Morgan	75.1	1997
	Dodie Mazzuca	75.1	1997
13.	Elisha Au	75.4	2000
14.	Kim Shin	75.5	2005
15.	Amber Prange	75.7	2005
	Sung Ea Lee	75.7	2005
	Paige Mackenzie	75.7	2002
	Elisha Au	75.7	1999

CAREER TOP-10 FINISHES

1	Paige Mackenzie	24
2.	Kelli Kamimura	20
3.	Dodie Mazzuca	18
4.	Louise Friberg	13
5.	Sung Ea Lee	11
6.	Lindsay Morgan	10
	Anya Alvarez	10
8.	Kerry Liedes	9
9.	Nancy Kessler	8
10.	Paula Gamble	7
	Janine Getty	7
	Katherine Lund	7
	Amber Prange	7
	Sherri Vincent	7

SINGLE-SEASON TOP-10 FINISHES

1.	Dodie Mazzuca	8	1997
2.	Paige Mackenzie	7	2004
3.	Paige Mackenzie	6	2006
	Paige Mackenzie	6	2005
	Louise Friberg	6	2003
	Nancy Kessler	6	1988
7.	Kim Shin	5	2005
	Sung Ea Lee	5	2004
	Kelli Kamimura	5	2002
	Kelli Kamimura	5	2005
	Dodie Mazzuca	5	1996
	Kelli Kamimura	5	1999
	Louise Friberg	5	2002
	Lindsay Morgan	5	2003

CAREER ROUNDS PLAYED

1.	Paige Mackenzie	139
2.	Sung Ea Lee	133
3.	Louise Friberg	129
4.	Dodie Mazzuca	128
5.	Lindsay Morgan	127
6.	Kelli Kamimura	126
7.	Amber Prange	123
8.	Andrea Cordova	118
9.	Anya Alvarez	115
10.	Angie Burkett	112

ALL-TIME MEDALISTS

1.	Kelli Kamimura	4
2.	Paige Mackenzie	3
	Dodie Mazzuca	3
	Mary Lou Mulflur	3
5.	Nancy Kessler	2
	Elisha Au	2
	Karinn Dickinson	2
8.	Jane Harris	1
	Patti Marquis	1
	Susan Sanders	1
	Darcie Richmond	1

BEST 18-HOLE SCORE

65 Dodie Mazzuca (third round), Sahalee CC, Redmond, WA, Oct. 9, 1997

BEST FIRST ROUND

67 (-3), Paige Mackenzie, Stanford, Calif., Oct. 15, 2004

67 (-4), Kelli Kamimura, Trysting Tree GC, Corvallis, Ore., Oct. 11, 1998

68 (-4), Paige Mackenzie, Washington National Auburn, Wash., May 11, 2006

68 (-4), Anya Alvarez, Boulder Creek GC, Boulder Creek, Nev., Oct. 27, 2008

BEST SECOND ROUND SCORE

66 (-6), Anya Alvarez, Boulder Creek GC, Boulder Creek, Nev., Oct. 28, 2008

66 (-6), Sadena Parks, Washington National, Auburn, Wash., May 6, 2011

67 (-3), Anya Alvarez, Karsten Golf Course, Tempe, Ariz., April 6, 2008

68 (-3), Paige Mackenzie, Stanford GC, Stanford, Calif., Oct. 22, 2005

68 (-3), Paige Mackenzie, Corral de Tierra CC, Salinas, Calif., March 8, 2005

68 (-4), Paige Mackenzie, Stanford GC, Stanford, Calif., Oct. 18, 2003

BEST THIRD ROUNDS SCORE

65 (-7), Dodie Mazzuca, Sahalee CC, Redmond, Wash., Oct. 9, 1997

66 (-6), Kelli Kamimura, Corral de Tierra CC, Salinas, Calif., March 7, 2001

67 (-5), Anya Alvarez, Boulder Creek GC, Boulder Creek, Nev., Mar. 11, 2009

BEST THREE ROUNDS SCORE

203 (-13), Anya Alvarez, Boulder Creek GC, Boulder Creek, Nev., Oct. 27-29, 2008

208 (-8), Paige Mackenzie, Washington National, Auburn, Wash., May 11-13, 2006

209 (-7), Kelli Kamimura, Corral de Tierra CC, Salinas, Calif., March 5-7, 2001

UW Hopes April Showers Will Bring May Advantages

Alvarez, Dickinson and long-hitting teammates seeking 6th NCAA championships in 11 years

By Gregg Bell, GoHuskies.com

AUBURN, Wash. - [Anya Alvarez](#) walked across the front nine of the Huskies' home course, and it was as if she was walking on soaked towels. The spongy grass squished beneath the honorable mention All-Pac-10 golfer's wet spikes -- yet she didn't appear to even notice.

Fellow UW senior [Karinn Dickinson](#), who spent 10 years until she was 17 growing up in far-from-tropical Norway, teed off wearing a black, baklava-looking wrap over her ears. It looked as much a part of her everyday gear as a driver, a ball and a tee.

It's an old story, given Huskies have competed in the inherent weather of the Pacific Northwest since about the time meteorology was invented. But this week, that same-ol' of sloshy fairways, molasses-like greens and threat of rain becomes Washington's potential ace in the hole. The Huskies are hosting the west regional of the NCAA women's golf championship at their suburban home course, Washington National.

UW, the 13th-seed, is one of 24 teams here. So is top-ranked USC, third-seeded, fellow conference rival Arizona plus other sunny schools such as No. 4-seed Georgia, sixth-seeded Pepperdine, 12-seed South Carolina, 16th-seeded San Diego State, 18-seed New Mexico and 21st-seeded New Mexico State.

"We definitely have an advantage because we are so used to playing in these conditions," Alvarez, from the Tulsa suburb of Jenks, Okla., said from just off the first tee, well before Wednesday's NCAA practice round. "We've kind of gotten used to playing in the slush, wading through water."

Washington, seeking its sixth trip to the NCAA finals as a team in 11 years, will tee off Thursday at 12:30 p.m. local time. The top eight teams from this regional and from the east and central regions, plus the top two individuals at each site not already on NCAA-qualifying teams, advance to the national championships May 18-21 at Texas A&M. That gives the Aggies extra motivation as the ninth seed here this week.

But it doesn't give A&M any more of an edge on this open, 6,266-yard course that has slow greens guarded by deep bunkers. Washington National, on which the Huskies routinely practice about 45 minutes south of the UW campus, has been soaked by rainfall twice the Puget Sound's normal amount for April.

Huskies veteran coach [Mary Lou Mulflur](#) praised the grounds crew for what she said was around-the-clock work for the last several weeks while the Seattle area had its fourth-wettest April ever, with almost five inches.

How different are those conditions are to what, say, Arizona plays in? What Seattle has received in the last month is about half the average rainfall in Tucson for an entire year.

The forecast for the west regional is typical Seattle for spring. After a mirage of 60s and sun during Wednesday's practice round, more clouds are expected for Thursday's opening round. The forecast calls for a 60-percent chance of showers Friday and 40 percent during Saturday's final round.

Mulflur noted that in 2002 and again in '06 Washington National hosted the NCAA championships and had zero weather delays.

Alvarez, who graduated in March in just 3 2/3 years, is ranked 57th in the nation. She says UW's weather advantage only works over inferior players. She thinks no matter what the conditions are they won't bother the nation's best college golfers who are coming to Washington National. That includes USC's national No. 3 Sophia Popov, fourth-ranked Lizette Salas and sixth-ranked Lisa McCloskey, plus No. 5 Carlota Ciganda of Arizona State and eighth-ranked Erica Popson of fifth-seeded Tennessee.

"The really good competitors put that out of their minds. Anybody who is a great competitor won't let that bother them," said Alvarez, who is scheduled to compete in the Colorado Open June 1-4.

"There will be players who complain, 'Oh, you can't play in this.' Then they've already defeated themselves."

The Huskies, in an NCAA regional for the 18th time in Mulflur's 28 seasons leading them, have other advantages besides weather that could help their quest to turn an eighth-place finish at last month's Pac-10 championships into another trip to the NCAA championships.

The Huskies' lineup of Alvarez, Dickinson, junior [Sadena Parks](#) - UW's first African-American women's golfer who is about 2.5 shots behind Alvarez for the team lead in scoring average this season - plus freshmen [Kelli Bowers](#) and [A Ram Choi](#) are long hitters. That should come in handy this week, when 6,200 yards will play even longer since balls are liable to stick in fairways like lawn darts and barely roll on greens. Visiting players are used to far more generous distances from their shots.

"We want to use our length to our advantage," Mulflur said.

She estimated that playing when Washington National is damp, with its huge green sizes, may be a three-to-four club difference in distance over playing at, say, the Pac-10 championship course from three weeks ago at Arizona State.

Mulflur, who is on the national tournament committee that selected the field for these NAAs, says the Huskies' goal is to finish in the top three at this region. That would get UW back to the NCAA championships for the first time since 2006.

"Yeah, we finished eighth in our conference," the Huskies' coach said, "but top to bottom, it's a pretty tough league."

Indeed, seven of the top 34 in Golfstat.com's national rankings this week are from the Pac-10. USC is the top-ranked team in the country. Arizona is seventh. Thirty-third ranked Oregon is the 11 seed at Washington National this week, two spots ahead of UW.

But now the Huskies are on their own, unique turf.

"By ranking, we made it where we should be," Mulflur said of her 38th-ranked team. "We feel like we can get there (to the NCAA finals)."

"And," she added, "we have the home-course advantage."

Washington golfer Anya Alvarez finds solace in sharing

By [Jack Carey](#), USA TODAY

Regardless of what happens in the waning days of her collegiate golf career or how she fares as a professional starting next month, Washington's Anya Alvarez has had a profound impact on young lives that extends well beyond her sport.

A victim of sexual violence in her youth, Alvarez has used that life-altering experience as a platform to advocate against teen dating violence and abuse and for healthy relationships.

She has spoken at high schools, has counseled teenagers and women, has appeared on the *Dr. Phil* television show and other broadcasts, regularly writes advice and counseling articles for a website called Twodaymag.com and is embarking on a book project.

Alvarez has talked publicly about being molested by a family friend when she was 9 years old and being raped at 16 by an acquaintance she had met just a couple of times.

Shortly after the second incident, while in Idaho for a U.S. Golf Association junior girls tournament, Alvarez was encouraged by a counselor she met there to tell her story.

"It was self-therapeutic," Alvarez says.

It also showed her she had an opportunity to help others by encouraging them to speak out. She soon began a regular advocacy.

"One woman I met told me she was raped when she was 16 but had never told anyone," Alvarez says. "She was then 40. A lot of people who experience sexual abuse live with a lot of shame. You shouldn't. It's not your fault, and no one asks for it. The power of being open and honest with yourself and others, no matter how old you are, is important.

"Everyone experiences pain at some point in their lives. I think writing about your experiences — journaling, getting counseling — it's a huge thing for women and for men, too. Because you might not feel the effects (of abuse) right away. But there are what are called sleeper effects, where issues can crop up years later. So it's important to address things the right way when it's fresh in your mind. I'm a believer that time does heal things, but you have to take action at the same time."

Sometimes it can be very hard for victims of abuse to show trust after going through such trauma, Alvarez says.

"It's important for women who have been sexually abused to know that all men aren't evil. Sometimes, you just run into the wrong person."

Starting Thursday, the [Washington Huskies](#), who have been led this season by Alvarez, will host 23 other teams in the three-day [NCAA](#) West Regional at the Washington National Golf Club in Auburn, Wash. The Huskies are seeded 13th in the regional.

Alvarez is rated as the 57th-best female collegiate golfer in the nation by Golfstat.com. Her 73.76 stroke average leads the Huskies and is third best in school history.

While praising Alvarez's skills on the course, Huskies coach Mary Lou Mulflur says there's plenty away from the links to admire, too.

"The really nice thing about her is she's a multifaceted person," Mulflur says. "She can play golf really well, she can write. And what she's done (with her advocacy) has been very admirable to say the least.

"A lot of people, I believe, wouldn't want to put themselves out there over something like this. She's been really courageous about this and put a lot of effort into this topic. I admire her for sticking her neck out, so to speak. You can open yourself up to a lot of things that might not be too pleasant, obviously, when you do something like this."

Alvarez says she always has been able to find refuge on the golf course since taking up the sport when she was 4. She grew up around the links, as her father, Alex, became a club pro. Her older sister, Paola, played at [Oral Roberts University](#).

"Golf was always good for me, because it let me put my energy into something I was really good at," Alvarez says.

"It's been like a sanctuary. You can just focus on getting the ball in the hole in as few strokes as possible. It paid for college for me. I went to a great school because of golf, and having your education is huge."

The NCAA national tournament starts May 18 in Bryan, Texas, but regardless of what happens the rest of this month, Alvarez will be moving on to a professional career starting with the Colorado Open in early June.

But as usual, golf won't be taking up all of her time.

"My heart rests with activism and my writing," says Alvarez, who graduated with a history degree this spring. "And those are things I want to continue to focus on in the future."

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Bethel High grad Sadena Parks finally making good on potential

Bethel High grad in a steady groove heading into regional

TODD MILLES; Tacoma News Tribune Staff writer

The 18-hole round happened years ago. The impression was lasting.

Sadena Parks, known around the Classic Country Club in Spanaway as a practice-range taskmaster and University of Washington women's golf recruit, took to the course with a couple of the owners – Mike Moore and his PGA Tour-playing son, Ryan.

Dazzling her partners with a wide array of shot-making, one hole stood out – the par-3 16th, where the teenager not only hit the green with a 7-iron, but also spun the ball spun back so severely, it spun the heads of the Moores, too.

“(Ryan) looked at me and said, ‘Plain and simple, she creates more speed through the hitting zone than any woman he had ever been around,’” Mike Moore said. “He had never seen a young lady back up a 7-iron like that.”

Now a UW junior, and heading into today's start of the NCAA West Regional at Washington National Golf Club in Auburn, Parks' college career might finally be moving forward.

Coming out of Bethel High School, the former two-time Class 4A state champion had other options – she was a standout sprinter on the track team, and a point guard with nifty moves on the basketball team

But she chose golf, and is now starting to see her career come into focus.

“Slow,” she said, summing up her two-plus seasons at the UW. “I thought it would be a lot quicker to advance more than I have. It's been a battle.”

After winning her final 4A title in 2008, she was slotted in the back end of the Huskies' lineup as a true freshman – and averaged 78.5 strokes per round.

Her swing still hummed. Talent glistened. But off the course, she struggled to adapt to college life.

“Organizing my time was huge,” Parks said. “And I'm also a very social person, so the time management was a struggle – with classes, golf and travel.”

The past two seasons, the long-hitting Parks has shaved two shots off her stroke average. This season, as the No. 3 player, it is down to 76.17.

“She's been working really hard, not so much on swing stuff, but mental stuff and really understanding what her challenges are once she gets on the course,” said Anya Alvarez, the UW's top player. “She obviously has the talent – she is really strong and can hit a lot of different shots – and it's just a matter of her learning when to hit those shots, and how to bounce back from a bad hole.”

Parks was the team's top finisher at the Pacific-10 Conference championships in Arizona last month, tying for 19th in the 50-player field.

It prompted longtime UW coach Mary Lou Mulflur to hold a one-on-one meeting with her only junior last week, relaying one simple message: It is time to emerge for the long haul.

“I told her that I wanted this (postseason) to be the start of her senior year – this month of May,” Mulflur said. “You are not a junior anymore. You've moved into that role of being a leader.”

“Some kids are just gamers. They like it when the heat is on. She is definitely one of those, like Anya and Kelli (Bowers). They are more likely to embrace the pressure. The bigger the event, the better she is going to be.”

Which is why Parks is so anxious to tee it up today.

“Everything has been clicking on what to do, what I want to do and what I am capable of doing out here,” Parks said. “This is the start of my breakthrough, for sure. This tournament is at home. I am comfortable here. And I am not going to get ahead of myself.”